

**Step 1. Provide Patient Education** your patient has a central line and is at an increased risk for getting a bloodstream infection. Evidence demonstrates that daily CHG baths prevents central line associated bloodstream infections (CLABSI) by reducing the number of organisms on the patient’s skin. CHG bathing is also indicated before surgery. Reinforce education if patient continues to refuse bathing. *The patient’s skin may feel tacky after a bath.*



**Step 2. Bathe Patient** Use instructions below.

- **Gather supplies:** Coloplast EasiCleanse® Bath, 4% CHG Foam Solution, clean patient gown and linen
- **Wash hands** and wear appropriate PPE
- **Bathe around** non-occlusive dressings. Be careful not to wet non-occlusive dressings
- **Open EasiCleanse Bath** by pulling the top seal
- **Add warm water** up to the fill line. Do not fill past the fill line as the may over saturate the cloths
- **Squeeze or roll bag** to distribute into washcloths
- **Use one washcloth** for each area of the body and pat dry when finished. Squeeze cloth for desired suds
- **Please use only hospital-approved lotions after CHG bath**
- **Discard used cloths in regular trash, do not flush**

**1.** In a back and forth motion use first cloth for **hair, head, and face**. Wash face and head with regular soap and water. **Do not apply CHG solution.** Discard cloth in trash.

**For next steps, apply (1-2 pumps) CHG foam soap to the body part or cloth.** Discard each cloth after use in trash. *Use clean, wet washcloth to wipe off any soap residue.*

**2.** Use second cloth for **neck, chest, and abdomen**.

**3.** Use third cloth for **right axilla, arm, and hand**.

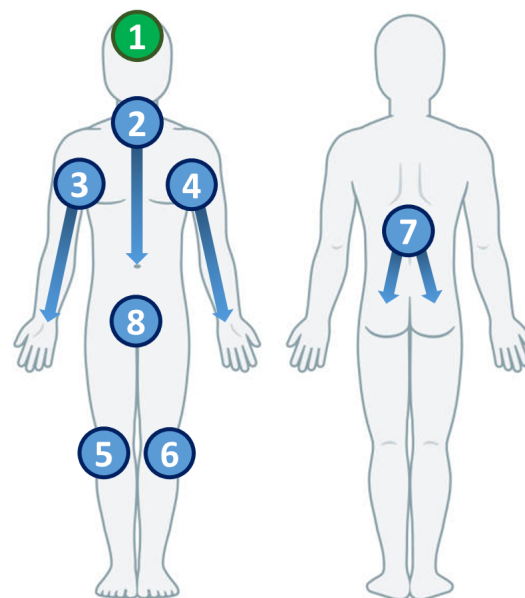
**4.** Use fourth cloth for **left axilla, arm and hand**.

**5.** Use fifth cloth for **right leg and feet**.

**6.** Use sixth cloth for **left leg and feet**.

**7.** Use seventh cloth for **back and buttocks**.

**8.** Use eighth cloth for **groin and perineum**. Avoid genitals.



**Step 3. Document Patient Hygiene ADL** Document as “CHG, Full” after providing a complete bath with preferred CHG bathing method.

TO WATCH THE INSTRUCTIONAL VIDEO FOR COLOPLAST EASICLEANSE BATHS (Content does not include use of CHG foam soap. Please incorporate into practice)

